

PK 50m bad: Session: 4: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 13:00 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 31: 50M FREESTYLE MEN 13+		Heat:2, starttime: 14:09
Heat: 2/8 Lane : 1 Athlete: EVERAERT MATTHIEU		Q-time: 00:35:71
PB (50m pool): 00:38.75 Mol 22/06/2025		PB (25m pool): 00:35.71 SB: no time
	5 0 M	
PB	00:38.75	
	00:38.75	
		

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:3, starttime: 14:10
Heat: 3/8 Lane : 5 Athlete: KARER MALIK		Q-time: 00:30:91
PB (50m pool): 00:32.35 Mol 22/06/2025		PB (25m pool): 00:30.91 SB: no time
	5 0 M	
PB	00:32.35	
	00:32.35	
		

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:7, starttime: 14:14
Heat: 7/8 Lane : 2 Athlete: DE JONG STAN		Q-time: 00:27:13
PB (50m pool): no time		PB (25m pool): 00:27.13 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+		Heat:8, starttime: 14:15
Heat: 8/8 Lane : 2 Athlete: BOODTS GERBEN		Q-time: 00:26:16
PB (50m pool): 00:26.76 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:26.16 SB: no time		
	5 0 M	
PB	00:26.76	
	00:26.76	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:8, starttime: 14:24
Heat: 8/10 Lane : 3 Athlete: DEBRABANDERE LEONIE		Q-time: 00:30:01
PB (50m pool): 00:31.24 La Louvière 25/05/2025 PB (25m pool): 00:30.01 SB: no time		
	5 0 M	
PB	00:31.24	
	00:31.24	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:8, starttime: 14:24
Heat: 8/10 Lane : 4 Athlete: VERLUYTEN NIENE		Q-time: 00:29:61
PB (50m pool): 00:30.55 Eindhoven 16/03/2025 PB (25m pool): 00:29.61 SB: no time		
	5 0 M	
PB	00:30.55	
	00:30.55	
		

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:9, starttime: 14:25
Heat: 9/10 Lane : 1 Athlete: VAN BUNDER INEZ		Q-time: 00:29:24
PB (50m pool): 00:32.38 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:29.24 SB: no time		
	5 0 M	
PB	00:32.38	
	00:32.38	
		

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+				Heat:10, starttime: 14:26
Heat: 10/10 Lane : 1 Athlete: DE JONG SUZAN				Q-time: 00:28:47
PB (50m pool): no time		PB (25m pool): 00:28.47 SB: no time		
	5 0 M			
PB	no time			
	no time			
				

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 14:32
Heat: 2/4 Lane : 2 Athlete: VANDEPUTTE WOUT					Q-time: 03:03:18
PB (50m pool): 03:26.28 Antwerpen 13/07/2025			PB (25m pool): 03:03.18 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.13	01:38.31	02:32.49	03:26.28	
	00:46.13	00:52.18	00:54.18	00:53.79	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:2, starttime: 14:32
Heat: 2/4 Lane : 3 Athlete: AERENS JEF					Q-time: 03:00:89
PB (50m pool): 03:06.25 Antwerp 26/01/2025			PB (25m pool): 03:00.89 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.00	01:30.54	02:18.44	03:06.25	
	00:43.00	00:47.54	00:47.90	00:47.81	
					

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 14:35
Heat: 3/4 Lane : 2 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 02:54:83
PB (50m pool): 03:01.37 Aalst 28/06/2025			PB (25m pool): 02:53.22 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.60	01:26.84	02:14.19	03:01.37	
	00:40.60	00:46.24	00:47.35	00:47.18	
					

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:3, starttime: 14:35
Heat: 3/4 Lane : 3 Athlete: KARER MALIK					Q-time: 02:54:00
PB (50m pool): 03:12.68 Antwerpen 13/07/2025					PB (25m pool): 02:54.00 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.00	01:32.04	02:22.27	03:12.68	
	00:43.00	00:49.04	00:50.23	00:50.41	
					

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:3, starttime: 14:51
Heat: 3/3 Lane : 2 Athlete: VAN BUNDER AMY					Q-time: 02:57:38
PB (50m pool): 02:57.38 Eindhoven 16/03/2025					PB (25m pool): 02:53.70 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.66	01:24.65	02:11.36	02:57.38	
	00:39.66	00:44.99	00:46.71	00:46.02	
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:4, starttime: 15:03
Heat: 4/8 Lane : 3 Athlete: AERENS JEF					Q-time: 01:19:81
PB (50m pool): 01:25.19 Zwembad Brigitte Becue Oostend 10/05/2025					PB (25m pool): 01:19.81 SB: no time
	5 0 M	1 0 0 M			
PB	no time	01:25.19			
	no time				
					

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 15:05
Heat: 5/8 Lane : 8 Athlete: KARER MALIK					Q-time: 01:18:54
PB (50m pool): 01:21.16 Wezenberg 04/01/2026					PB (25m pool): 01:18.54 SB: 01:21.16 Wezenberg 04/01/2026
	5 0 M	1 0 0 M			
PB	00:39.09	01:21.16			
	00:39.09	00:42.07			
					

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 15:08
Heat: 6/8 Lane : 3 Athlete: BOEL LIAM			Q-time: 01:11:18
PB (50m pool): 01:13.83 Wezenberg 03/01/2026			PB (25m pool): 01:11.18 SB: 01:13.83 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.03	01:13.83	
	00:36.03	00:37.80	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 15:08
Heat: 6/8 Lane : 7 Athlete: RENDERS KLAAS			Q-time: 01:13:73
PB (50m pool): 01:15.76 Antwerpen 20/07/2025			PB (25m pool): 01:13.73 SB: 01:16.86 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:15.76	
	no time		
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 15:12
Heat: 8/8 Lane : 1 Athlete: SCHRAUWEN BJARNE			Q-time: 01:06:18
PB (50m pool): 01:10.01 Wezenberg 03/01/2026			PB (25m pool): 00:38.80 SB: 01:10.01 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:33.85	01:10.01	
	00:33.85	00:36.16	
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 15:12
Heat: 8/8 Lane : 5 Athlete: BOODTS GERBEN			Q-time: 01:01:54
PB (50m pool): 01:04.23 Antwerpen 28/07/2024			PB (25m pool): 01:01.54 SB: 01:06.50 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:04.23	
	no time		
			

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 15:12
Heat: 8/8 Lane : 8 Athlete: DE JONG STAN			Q-time: 01:08:05
PB (50m pool): 01:10.85 Wezenberg 03/01/2026			PB (25m pool): 01:08.05 SB: 01:10.85 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:34.52	01:10.85	
	00:34.52	00:36.33	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:5, starttime: 15:24
Heat: 5/9 Lane : 3 Athlete: MURAT IREM			Q-time: 01:17:06
PB (50m pool): 01:21.39 Wezenberg 05/01/2025			PB (25m pool): 01:17.06 SB: 01:22.19 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.35	01:21.39	
	00:39.35	00:42.04	
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:6, starttime: 15:27
Heat: 6/9 Lane : 6 Athlete: WAELPUT ELODIE			Q-time: 01:14:71
PB (50m pool): 01:16.19 Wezenberg Topsportbad, Antwerp 18/01/2026			PB (25m pool): 01:14.71 SB: 01:18.54 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:16.19	
	no time		
			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+			Heat:8, starttime: 15:31
Heat: 8/9 Lane : 8 Athlete: SCHELFAUT NELL			Q-time: 01:12:15
PB (50m pool): 01:15.63 Wezenberg Topsportbad, Antwerp 18/01/2026			PB (25m pool): 01:12.15 SB: 01:16.70 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:15.63	
	no time		
			

Coach feedback:

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Event number: 36: 100M BACKSTROKE WOMEN 13+				Heat:9, starttime: 15:33	
Heat: 9/9 Lane : 1 Athlete: VERLUYTEN NIENE				Q-time: 01:08:79	
PB (50m pool): 01:12.61 Eindhoven 16/03/2025				PB (25m pool): 01:08.79 SB: 01:14.04 Wezenberg 04/01/2026	
	5 0 M	1 0 0 M			
PB	00:35.36	01:12.61			
	00:35.36	00:37.25			
					

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+				Heat:9, starttime: 15:33	
Heat: 9/9 Lane : 3 Athlete: DE JONG SUZAN				Q-time: 01:06:83	
PB (50m pool): 01:12.16 Wezenberg 04/01/2026				PB (25m pool): 01:06.83 SB: 01:12.16 Wezenberg 04/01/2026	
	5 0 M	1 0 0 M			
PB	00:34.72	01:12.16			
	00:34.72	00:37.44			
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:1, starttime: 15:36	
Heat: 1/6 Lane : 8 Athlete: EVERAERT MATTHIEU					Q-time: 03:21:09	
PB (50m pool): 03:24.79 Antwerpen 13/07/2025					PB (25m pool): 03:21.09 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:49.41	01:42.43	02:40.65	03:24.79		
	00:49.41	00:53.02	00:58.22	00:44.14		
						

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:3, starttime: 15:43	
Heat: 3/6 Lane : 3 Athlete: EL BOUJADDAYNI DAOUD					Q-time: 02:41:76	
PB (50m pool): 02:45.78 Eindhoven 16/03/2025					PB (25m pool): 02:35.17 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:37.95	01:21.57	02:07.87	02:45.78		
	00:37.95	00:43.62	00:46.30	00:37.91		
						

Coach feedback:

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Event number: 37: 200M MEDLEY MEN 13+					Heat:4, starttime: 15:46
Heat: 4/6 Lane : 8 Athlete: SCIACCA EMILIO					Q-time: 02:38:75
PB (50m pool): 02:43.57 Antwerpen 27/04/2025					PB (25m pool): 02:38.75 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.00	01:16.53	02:07.12	02:43.57	
	00:35.00	00:41.53	00:50.59	00:36.45	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:5, starttime: 15:49
Heat: 5/6 Lane : 3 Athlete: SCHRAUWEN BJARNE					Q-time: 02:27:07
PB (50m pool): 02:30.57 Antwerpen 20/07/2025					PB (25m pool): 02:27.07 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.70	01:11.20	01:56.98	02:30.57	
	00:32.70	00:38.50	00:45.78	00:33.59	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+					Heat:6, starttime: 15:52
Heat: 6/6 Lane : 4 Athlete: FRANSEN THIBEAU					Q-time: 02:18:26
PB (50m pool): 02:22.55 Antwerp 09/02/2025					PB (25m pool): 02:18.26 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.50	01:08.62	01:48.79	02:22.55	
	00:30.50	00:38.12	00:40.17	00:33.76	
					

Coach feedback:

Event number: 38: 4x100M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:56	
Heat: 1/1 Lane : 4 Athlete: TEAM TSZ 1							Q-time: 04:17:68	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: